

ERYN'S YOGA

FALL 2020 CLASS SCHEDULE

STYLE	MON	TUE	WED	THU	FRI	
Yoga Flow	10:30am	x	x	x	x	Register
Stretch & De-Stress	x	6:30pm	x	x	x	Register
Gentle Yoga	x	x	10:30am	x	x	Register
Chair Yoga Blend	x	x	x	12:30pm	x	Register
Bliss 4 Hips	x	x	x	6:30pm	x	Register
All Levels Yoga	x	x	x	x	11:00am	Register

www.erynsyoga.com